

1-26-1826

Letter from David Young to James B. Finley

David Young

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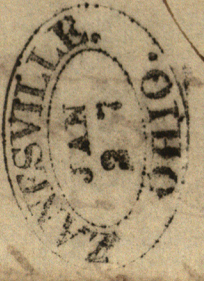
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I am sorry you gave yourself any concern about
 the Cranberry. Chapman sent his father 1/2 a bushel &
 I got the balance two all well enough - I only wanted
 to hear from you - & intended to say you
 for not writing sooner - This is all I remember.
 I want you to write me as often as you can!
 I shall be very anxious to hear from you again.

102

at
 Dear James B Finley
 Upper Sandusky
 Ohio
 Via
 Lancaster



677
 291
 81
 216

59
 48
 117

87
 249
 117

Wm. A. Brown

882

I am that above the book in which I have written
 more about how convenient one of your hearing.
 than many be of more importance than you are aware.

Lansville Jan 26th 1857
 Rev J B Finley
 Respected Sir

M^r Young has politely
 shown me your letter to him of the 16th inst in which you
 mention your distressing attack of the 23 of Decem^r and some
 of the symptoms which you are now troubled with.

Excuse me Dear Sir for making the following general sug-
 gestions in your case. In the first place you should be
 particular to avoid all tight dress about your head and neck,
 your mind should be calm and you should engage in no
 business except that of the lightest kind & that without producing
 fatigue. The two extremes of heat and cold should
 be carefully avoided. Have you lately had an attack
 of piles? if so, you should again expect them by the
 use of purges of Aloes. I advise you to continue the
 use of Calomel until you perceive a slight affection of
 your mouth. No doubt you will find the seton of
 service but the withdrawing of it will require great
 care & the discharge had better be continued for months.

You will find a dry vegetable diet ^{best} avoiding fresh
 baked bread & those vegetables which produce flatulency.

Liquids should be avoided as much as possible & water
 the only one made use of & in small quantity at once.

You should be particular to sleep in a large airy room
 with your head high and feet warm, constipation of
 your bowels must be avoided, when you require cathartics
 use preparations of Senna and Rheubarb, if your stomach is
 acid use Calomel magnesia. As long as the determination
 of blood continues to your head use the warm bath as high
 as the hips every second night at the same time use blis-
 ters to the inside of the thighs, if the ringing in your ears

continues use pills of Apocynum freely or an infusion of Valerian
 mix equal parts of Sassafras and Aether together which drops
 in your ears two or three times a day stopping them with
 cotton or wool. No doubt you are aware that the nervous
 system will soon be if it is not all ready the seat of the
 disease therefore bleeding at this stage should be carefully
 resorted to. Moderate exercise in the open air
 you will derive benefit from if you do not
 fatigue yourself.

I Accept the best
 wishes of your friend
 D. M. Howell

Very D^r Bros Jan^y 26 1826

With great delight I rec^d yours of the 16th Inst. yesterday forenoon.

You will see from the opposite side of this page why I did not write to you sooner. I have just looked over the D^r advice and pre-
scriptions & see nothing more to say on that subject except a caution about bathing I think the tepid water ought (perhaps) not to rise to blood heat.

O that our common Lord may direct me to give you some right advice on the govern-
ment of your affections! Or yourself under them! Dr Rhodes suggests rightly that the "nervous system" may now be the seat of your disease. Whether it be seated in the nervous or muscular system is ^{perhaps} of no use to enquire for exultations will be prejudi-
cious in both cases. The question is
How can your mind be kept the most calmly
regular?

1. Put far from you all thoughts of temporal business
2. Forget (as far as you can for time being) the disease.
3. "Be careful for nothing." But in every thing give thanks.
4. Always remember, Afflictions are not accidents.
5. See as little company as you conveniently can.
6. Let many months elapse before you pretend to go into a congregation, or suffer one to approach in the house or room you occupy.
7. Let your devotions be rationally devout now in hope that hereafter they may be practically good to you & others.
8. Keep your conscience void of offence, by casting all your cares, failures, & afflictions, both of mind & body on Him "who does not willingly give nor afflict the children of men."
9. Pray much. But believe more. For ^{as} needful now that you should pray for the regular circulation of your

Blood, as it is to pray that you may hereafter be useful if you live! You see I have shaped this advice for the manician of Upper Sandusky — And God knows it is well meant. I feel while writing it, that it will be blessed — All your duties in this world will now center in Zeal for the recovery of your health, nor need this be selfish for love to God & your Fellow men imperiously demand this of you, what ever the event may be.

To see you so far recovered gives me all the joy arising to a friend in such a case. I sincerely wish I could come out & see you soon. But it is out of my power. My wife has been quite unwell & that better in far from being well. My 2^d Meeting comes on tomorrow week.

You have my "Prayers" for your recovery & that is, somewhat ^{is} ~~rather~~ strange to me they are rather prayers of faith than otherwise!!

Just as soon as ever the weather will permit I most cordially invite you to come down & see us, it would be no common joy to see you once more under my roof. Nor would it be a less gratification to my wife.

Your last letter has convinced me that the spams in your brain are not of the Apoplectic kind! This letter is the production of caution, deliberation, friendship & prayer & love. And living or dying

are left, or useful, I expect a share in your affections — and hope we shall be saved for ever thro the benevolent merits of J^h Christ.
J^h W^h D^r D^r D^r

P.S. My wife joins in affection for your person & prays for your recovery.